

Preventing
Violence
Against Children
and Youth



BE SAFE! HELPS YOUR CHILD LEARN CONCRETE SAFETY SKILLS

Course Overview

The purpose of the *Be Safe! Information for Parents* course is to provide parents and caregivers with high-level information about the philosophy of Be Safe! and the contents of the Be Safe! Kit.

Who Should Take the Course?

Parents and caregivers of children aged 5–9

Be Safe! Information for Parents

Course Objectives

Upon completion of the *Be Safe! Information for Parents* course, participants will be able to identify the goal and key messages of the Be Safe! program, name aspects of healthy relationship development for young children, and access resources for parents and caregivers to help keep children safe.

This course briefly covers six topics:

1. Introduction to the Canadian Red Cross program, Respect Education
2. Introduction to the Be Safe! Program
3. Healthy Relationship Development
4. Be Safe! Lesson Summary
5. Be Safe! Resources for Parents/Caregivers
6. Ten Steps to Creating Safe Environments for Children and Youth

Materials

Free PDF downloads of the *Keeping Our Kids Safe* booklet for parents and a colourful UN Convention of the Rights of the Child poster in child-friendly language. These two resources can also be purchased as full-colour, glossy printed hard copies from shop.redcross.ca/besafe.

Evaluation Process

None

Course Duration

This short online course is self-paced. On average, the course will take about 15 minutes to complete.



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