

Preventing
Violence
Against Children
and Youth



GIVE CHILDREN AGED 5–9 THE SKILLS TO BE SAFE!

Course Overview

The purpose of the *Be Safe! Training for Educators* course is to equip educators to use the Be Safe! child personal safety program with children aged 5–9, comfortably and effectively.

Who Should Take the Course?

Educators and community practitioners who intend on delivering the Be Safe! lessons to children aged 5–9

Be Safe! Training for Educators

Course Objectives

Upon completion of this course, participants will be able to define and understand violence against children, identify the frameworks that help create protection, handle disclosures of violence, take steps to manage risk and prevent violence by building a safer environment, identify the Be Safe! program's key messages, approach and teaching tools, understand how to cooperatively work with parents on child personal safety (sexual abuse prevention), and comfortably and effectively teach the Be Safe! lessons to children.

The course is presented in four modules:

1. Course Introduction and an introduction to Respect Education
2. Violence Against Children - understanding abuse, neglect, bullying, and harassment, the framework for intervention, and prevention
3. Be Safe! Framework - healthy relationship development; approaching child personal safety from a rights-based perspective; preventing violence through risk management
4. Teaching Be Safe! - the Be Safe! program, kit components, lessons and key concepts; effective teaching strategies for this topic; handling disclosures; working with parents effectively on child personal safety

Materials

The *Be Safe! Resource Guide* manual and the *Prevention in Motion* manual as PDF downloads (included, along with access to this online course, with the purchase of a Be Safe! kit—kits can be purchased at shop.redcross.ca/besafe).

Evaluation Process

Six brief Knowledge Checks help you assess your learning as you progress through the course. Upon successfully completing all modules, there is a printable certificate for your records.

Course Duration

This online course is self-paced. Participants may leave the course at any time and can resume where they left off. The duration will depend on the individual participant and their prior knowledge of the subject matter. On average, the course will take about 7 hours to complete.



CANADIAN
RED CROSS